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Three Unvaccinated Patients Jabbed; COVID Guidelines; IRA; Make 2 Videos

It never happened to me before – 3 patients were jabbed last Thursday – their first time. All were vaccine resistant; none of them were conspiracy theorists – though deep inside they must have felt some affinity to conspiracy ideas. I was high fiving all over the office!!

The health care provisions of the Inflation Reduction Act which awaits Biden's signature is the big news since the last COVID Note. The IRA contains significant Medicare improvement including drug price negotiations. Please read [this excellent](#) analysis. As you might expect there [may be unintended consequences](#) – and not [the tragedy](#) that pharma claims.

The other big news of the week is the loosening of the CDC COVID guidelines. You have all seen them. Let's contrast the impact of influenza with that of COVID. CDC [estimates](#) that flu has resulted in 12,000 – 52,000 deaths annually between 2010 and 2020. Since March 2020: more than a million COVID deaths, and more than 40,000 in the hospital in the US today! My main concern continues to be [Long COVID](#). I have not changed my behavior since January 2022 and don't intend to: I wear masks indoors and attend large indoor events only when vaccinations and masks are required. While any decision on health that impacts the economy has political implications, we continue to learn more about the depths of depravity that the last administration sank to in [politicizing the COVID pandemic](#) response and [causing hundreds of thousands more deaths](#).

Monkeypox continues to increase. We are repeating the same [COVID data collection mistakes](#).

Abortion is very likely a game changer for the November elections. Factoid: Abortion rates are lower in many countries where access to the procedure is permitted, especially in high-income nations. This fact is part of an [article](#) with excellent graphics.

Republican dominated North Carolina is [likely to expand Medicaid](#). Lessons learned still not clear to me. But guaranteed that this will save many lives!

To all health professionals: Please spend 15 minutes to create two videos using your cell phone; send them on per the instructions in the attachment below. Happy to answer any questions!!

Not a health professional? You must know at least one – please reach out to that person. My hope is that you will:

- a. get at least 1 - 2 additional health professionals to express strong interest (defined as at least 1 hr per month for the next few months) in working on partisan/ non-partisan activities. Especially looking for people in Pennsylvania and Florida.
- b. commit to recording a 45 - 50 second video and encourage any health professional colleagues to do the same. It should take no more than 15 minutes of your time to create 2 videos with your cell phone. The videos should last no more than 45 seconds. The topics: the Inflation Reduction Act drug pricing action and Roe/abortion . The videos can be totally focused on the issues and not be partisan in any way.

Below is the prompt/script for recording a video on each of these topics:

ROE Message:

“I am a doctor/nurse/ pharmacist/ health professional – I took an oath to provide the best possible care to my patients. Politicians should not interfere with my caring for my patients and Politicians should not threaten me and my healthcare colleagues with criminal charges if I fulfill the obligation of my oath as a doctor/nurse.”

Prompt on the Inflation Reduction Act:

Congress has just passed the Inflation Reduction Act, which contains historic action to lower drug prices. In a few sentences, can you let people know:

1. Your name and profession
2. How out-of-control drug prices and healthcare costs have impacted you and/or the people you provide care to
3. What the Inflation Reduction Act and Congress’s efforts to lower drug prices will mean to you professionally and/or personally
4. How this will impact your vote in November

Here are the three key provisions in the Inflation Reduction Act:

- Allows Medicare to negotiate lower drug prices with the drug companies
- Caps the amount seniors have to pay for drugs
- Stops drug companies from making huge increases in prices for critical drugs

The videos will be used by three entities: 1199 will send digital messages to their members and to voters who have shown interest in healthcare issues. The videos will be attached as validators to the digital message. Health Education Project

(<https://healthcareeducationproject.org/about-us/>) will use the videos in the same way.

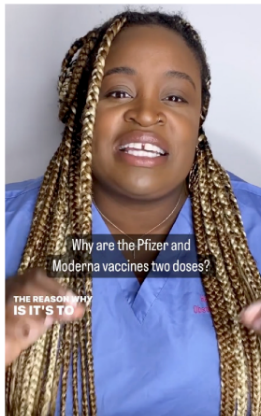
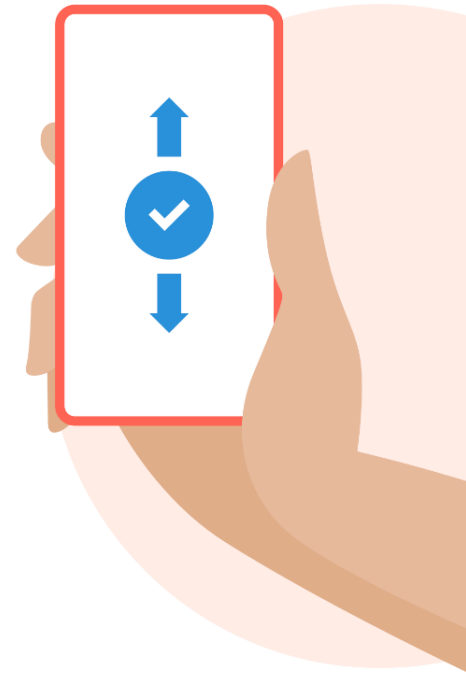
Finally, Protect Our Care (<https://www.protectourcare.org>) will attach the videos to their video messages to targeted healthcare voters.

Happy to answer any questions. Thanks !!

Norbert Goldfield, M.D.

How to Record Your Testimonial

- Place your phone vertically in front of you, either by leaning it against a steady surface or by holding it in your hand. To the right is a visual aid for how to place your phone to record vertically.
- Choose a non-distracting background.
- Use a light source (window, lamp, etc) to light your face from the front (not from behind you).
- Center yourself in the camera, with a little empty space above the top of your head and below the bottom of your chin. Here are some good examples:



- Look straight ahead at the camera and do your best to not read your remarks off of a piece of paper or computer screen, speak from your heart/memory if possible.
- Take a breath, press record, and you're good to go.

Thank You!

Watch Outs

- Don't use a backlit background (ex. a window or lamp illuminating you from behind).
- Don't have moving distractions in your background.
- Don't look down at the camera.
- Don't record in a noisy and/or echoey environment.
- Don't record in a dark environment.

How to Send in Testimonial



Email your video testimonial to info@joinprojects.nyc



Send your testimonial via Whatsapp to [646.510.5413](tel:646.510.5413)



Go to wetransfer.com, click send a file, and follow the directions on the site to share your video with info@joinprojects.nyc